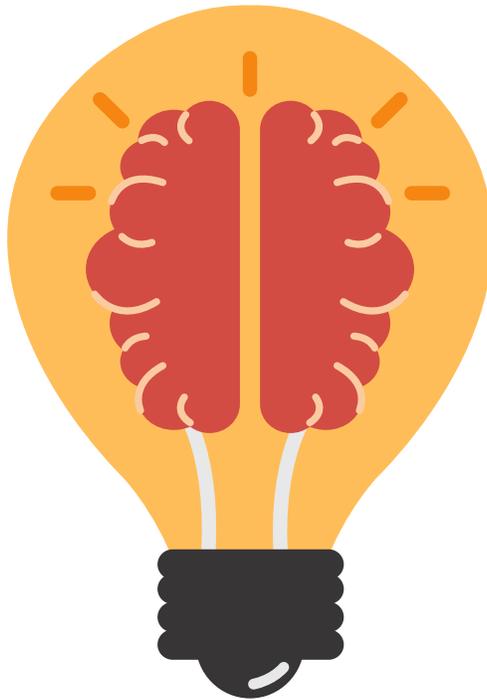


WEEK 8



BRAIN-TASTIC

Summer Fun Pack



BRAIN-TASTIC SUMMER FUN PACK

Day 1

Making Memory
Memory Cards

Day 2

Puzzle Making
Rockets

Day 3

Stress Ball
Word Games

Day 4

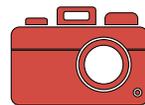
Checker Board
Checkers

Day 5

Brain Colouring
Field Observation

Snack!

Marshmallow Bridge
Making



Take photos and share it
with #SummerFunPack



Check out the Municipality of
Shelburne Youtube on Tuesdays
for a Fun Pack Video



Ensure you are being Sun Safe
while outside!



BRAIN-TASTIC DAY 1

Make your own Memory Card

Supplies

- Paper
- Glue
- Scissors
- Crayons

Instructions

- Cut out 2" x 2" squares from your paper.
- Apply a thin layer of glue (or other adhesive). Place the glued sides together, and press carefully to align the pieces and make sure that they are stuck together.
- Use scissors to trim any uneven edges if needed.
- Allow the pieces to dry completely. If you wish, you can place them under something heavy (like a book) to ensure that they dry flat.
- Allow to dry completely. Then make your matching pairs by drawing letters, numbers, or shapes on 2 squares
- Mix your finished cards and test your memory!

Playing Memory Cards

Supplies

- Memory Cards

Instructions

- Place all of your mixed up cards on a flat surface and spread them out however you'd like
- Now flip one over and try to find the match. If it does match move them off to the side, if it is different turn both cards over but try to remember what they were for the future
- Do this until you have matched all the cards

BRAIN-TASTIC DAY 2

Make Your Own Puzzle

Supplies

- Stock card
- Contact Paper
- Crayons
- Scissors

Instructions

- Lay out your card stock and think about what you would like to draw and then draw it
- When you are finished, put the contact paper over the drawing and stick it down
- On the back of your paper draw out how you will cut your puzzle pieces
- You can cut them like normal normal puzzle pieces or get creative. Me personally? I'd use zig zags because they look like lightning bolts, but do it however you want
- When you are done cutting, mix them up and try to put them back together

Marshmallow Bridges

Supplies

- Marshmallows
- Toothpicks

Instructions

- Sometimes when you make something you also want to eat it, so here is your chance
- All you have to do is build a bridge or even a building with mini-marshmallows and toothpicks
- You have to poke the toothpick into the marshmallow to get it to stick and have a foundation
- Now use your imagination to make the best bridge you can and afterwards you can eat it, as long as your surface is clean
- This is a fun snack-tivity

BRAIN-TASTIC DAY 2

Bottle Rockets

Supplies

- A 2 litre soda bottle
- 3 pencils (unsharpened is best)
- Duct tape
- A cork that fits the soda bottle
- Parchment Paper or Paper Towel
- Baking soda
- Vinegar

Instructions

- First, prepare your rocket. Basically, all we did was to build a stand for the rocket, tape the 3 pencils to the outside of the bottle
- Make a baking soda packet,
 - Take a small square of paper towel or parchment paper
 - Add baking soda (we didn't measure)
 - Fold the paper around it. It needs to be narrow enough to fit through the top of your bottle.
- Pour about 2 inches worth of vinegar into your bottle
- Carefully and quickly push in the baking soda packet and then push in the cork.
- Turn the bottle over and be ready for take off! It can take a little for it to work so give it a few (approximately 30) seconds.

BRAIN-TASTIC DAY 3

Stress Ball

Supplies

- Balloon
- Cornstarch
- Water
- Plastic water bottle

Instructions

- This could be messy so be prepared for that
- You will first want mix the cornstarch and water to make it goopy
- If you do this in a disposable water bottle you can put both the cornstarch and water into it and then shake to mix it all together
- Put the end of the balloon over the spout of the bottle and then pour the contents into the balloon then tie it
- If you don't have a water bottle have someone hold the balloon open then pour or scoop
- Use an extra balloon to cover the first one so you don't have to worry about it breaking

Word Games

Supplies

- Mad Libs
- Word search
- Pen or pencil

Instructions

- for the word search you will want to search the sheet for the correct word that is hidden
- Mad libs are really fun but can be confusing at times
- You will want to fill in the blank spaces with the correct type of word, but you can choose whatever it is. It is funnier when it doesn't make sense
- A "Noun" is a person, place, or thing, like cat, dog, Rome, tree, anything like that
- A Plural Noun" means that there are more than one and the word ends with a 's' like cats, dogs, trees, or geese
- An "Adjective" is a word to describe something, like yellow, loud, smelly, bad
- A "Verb" is an action, like run, jump, yell, sit

BRAIN-TASTIC DAY 4

Checker Board

Supplies

- Paper
- Rock
- Paint
- Sticks

Instructions

- On a piece of paper make 8 equal lines from top to bottom and then 8 more on the sides, so it looks like a checker board
- Now colour the squares two different colours and switch colours after each square, so the same colour is not touching
- Now you need to find your pieces, you could use rocks and paint them two different colours for teams and on one side put a design to show that it is a king
- If you don't want to use rocks use paper or toys that you have, just make sure you have 12 for each side

Play Checkers

Supplies

- Checker board
- Pieces

Instructions

- Set up your board and pieces on a flat surface, facing off against your friend or family member
- The goal is to get rid of the other persons pieces by jumping over them
- You can only move diagonally and not backwards, only towards your opponent
- If you get one of your pieces to the other side your piece now becomes a king or queen (your pick) and can now move backwards as well
- Go until you or your opponent has no more pieces or can not move, good luck.

BRAIN-TASTIC THURSDAY IN PERSON ACTIVITY!

Thursday, August 13

While respecting guidelines and restrictions put in place due to COVID-19 we are planning to do a physically distanced nature walk. Due to COVID-19 we ask that all participants respect the guidelines issued ensuring they remain physically distanced, conduct good personal hygiene and hand-washing, and avoid large social gatherings. We ask you wear a mask between waiting and participating in this activity.

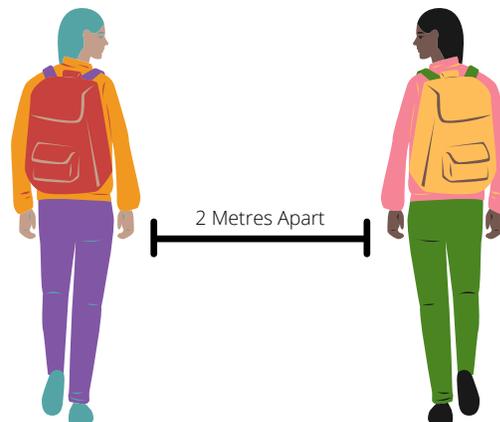
This walk will be led by our Summer Recreation Staff. We ask that parents remain with their youth during this activity and ensure they are staying 2 metres away from other families during the event.

Where

Sable River Trail

When

10:30 am-
11:30 am



What

This activity will be a casual nature walk with a focus on mental well-being, mindfulness, and reconnecting with nature. We will be leaving from the trail head at 10:30 am so be sure to be there on time or reach out to the Recreation Office if you are running late.

We ask that you ensure you are bringing clothing that is appropriate for walking and plenty of water. Please bring your own sunscreen and bug spray.

BRAIN-TASTIC DAY 5

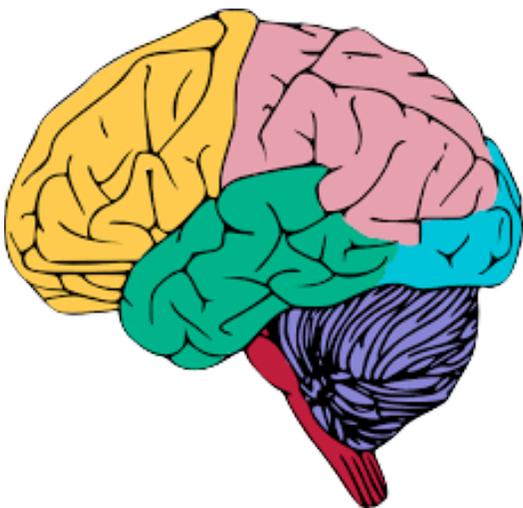
Brain Colouring

Supplies

- Paper brain
- Crayons

Instructions

- This should be a relaxing activity for you to do, just colour the brain however you like
- Inside the lines, outside the lines, one colour, multiple colours
- If you really want you can research parts of the brain and colour each section a different colour, for all of you who miss school or want to practice for high school



Field Observation

Supplies

- String
- Popsicle sticks

Setting Observation Boundaries Instructions

- Tie the string to each popsicle stick, making a 'fence' for you to put in the ground
- Stick the popsicle sticks in the ground, this gives you an area to focus on

Instructions for Observing

- Take a piece of paper and writing tool (pencil, pen, marker)
- Start taking field notes, you can work off the following prompts:
 - Write down how many bugs you see? What they are doing? How they are moving? Can you draw what you see?
 - Write down all the different types of leaves and plants. Do you see any roots? Can you draw what you see?